

ADVISORY

OUR PROVINCE IS STILL UNDER MGCQ
UNTIL SEPTEMBER 30.

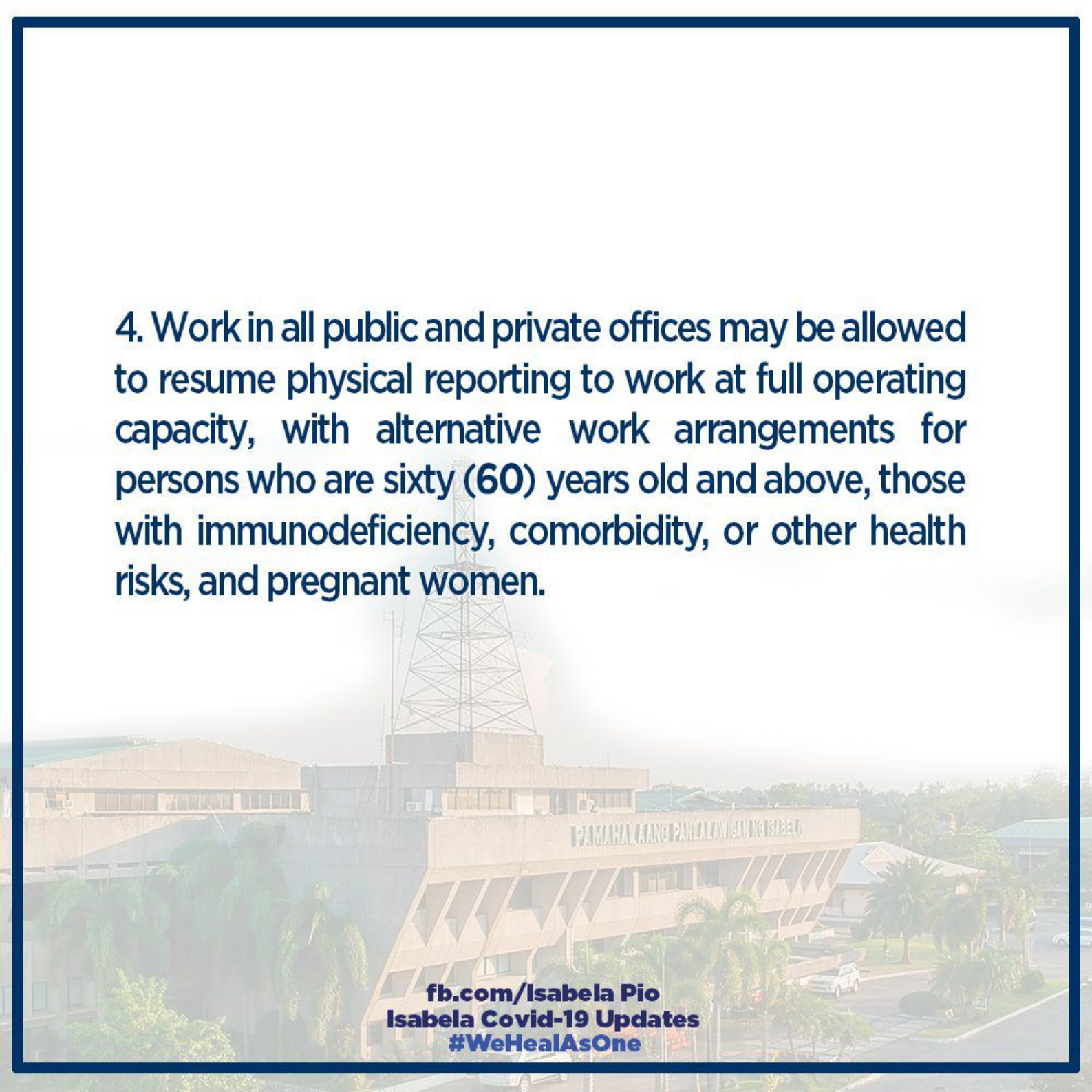
Under MGCQ the following protocols should be observed:

1. Any person below twenty-one (21) years old, those who are sixty (60) years old and above, those with immunodeficiency, comorbidity, or other health risks, and pregnant women shall be required to remain at home at all times. However, pursuant to all provisions from the **IATF-EID Omnibus Guidelines**, senior citizens may only leave their homes and enter commercial establishments to obtain basic necessities and services, and go to work at allowed industries.

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2. Indoor and outdoor non-contact sports and others forms of exercise such as but not limited to walking, jogging, running, biking, golf, swimming, tennis badminton, equestrian, range shooting, and skateboarding are allowed. Provide that the minimum public health standards such as wearing of mask and the maintenance of social distancing protocols, and no sharing of equipment where applicable, are observed.

3. Mass gatherings such as but not limited to, movie screenings, concerts, sporting events, and other entertainment activities, religious services, and work conferences shall be allowed provided that participants shall be limited to fifty percent (**50%**) of the seating or venue capacity.



4. Work in all public and private offices may be allowed to resume physical reporting to work at full operating capacity, with alternative work arrangements for persons who are sixty (60) years old and above, those with immunodeficiency, comorbidity, or other health risks, and pregnant women.

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5. Establishments such as barber shops, salons, dine-in restaurants, fast foods, and food retail establishments inside grocery stores and supermarkets as well as gyms, sports facilities, cinemas, resorts, libraries and other leisure activities are also allowed to open at a maximum of fifty percent (50%) of the venue capacity.

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