



Office of the Sangguniang Panlalawigan

EXCERPT FROM THE MINUTES OF THE 77th REGULAR SESSION OF THE 11th SANGGUNIANG PANLALAWIGAN OF ISABELA HELD AT PROVINCIAL CAPITOL, ILAGAN CITY, ISABELA ON MARCH 12, 2024.

PRESENT:

ED CHRISTIAN S. GO	Member (2 nd District) & Presiding Officer Protempore
VICTOR G. DY	Member (4th District) & Floor Leader Protempore
EMMANUEL JOSELITO B. AÑES	Member (1st District)
EDGAR R. CAPUCHINO	Member (2nd District)
MARY GRACE D. ARREOLA	Member (3rd District)
RAMON JUAN N. REYES, JR.	Member (3rd District)
CLIFFORD R. RASPADO	Member (4th District)
MANUEL FAUSTINO U. DY	Member (5th District)
EDWARD S. ISIDRO	Member (5th District)
MARCO PAOLO A. MERIS	Member (6th District)
AMADOR A. GAFFUD, JR.	Member (6th District)
ANTONIO S. HUI	Member, PCL Federation President
MARIA KATRINA JESSICA G. DY	Member, LnB Federation President
CATHERINE JOY L. LEGASPI	Member, SK Federation President
ADRIAN PHILIP S. BAYSAC	Member, Agricultural Workers Sector Representative
LOURDES S. PANGANIBAN	Member, Women's Sectoral Representative
MARGARETTE U. CHIN	Member, Indigenous Cultural Communities Sector Representative
EVYN JAY C. DIAZ	Member, Labor Sector Representative

O.B.:

DELFINITO EMMANUEL L. ALBANO	Member (1st District)
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RESOLUTION NO. 2024-09-13
 Series of 2024

A RESOLUTION ENCOURAGING ALL KINDERGARTEN, ELEMENTARY, AND HIGH SCHOOL TEACHERS AND ADVISERS IN THE PROVINCE OF ISABELA TO IMPLEMENT A WATER BREAK DURING CLASS HOURS

Sponsor: HON. MARY GRACE D. ARREOLA
 Chairperson, Committee on Education

WHEREAS, the Sangguniang Panlalawigan of Isabela acknowledges the vital role of teachers and advisers in promoting the welfare and academic success of Isabeleño students, and reaffirms the Provincial Government of Isabela's commitment to supporting initiatives aimed at enhancing the overall well-being and academic performance of Isabeleño students;

WHEREAS, maintaining proper hydration is essential for students' health and cognitive function, ensuring their ability to learn effectively and participate actively in the classroom, and research has shown that well-hydrated students demonstrate improved cognitive function, concentration, and academic performance, thereby highlighting the importance of hydration in the learning process;

Nagkaisa para sa Isabela



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WHEREAS, it is imperative for teachers and advisers to take proactive measures to ensure that students remain adequately hydrated during school hours;

WHEREAS, dehydration poses significant risks to students, especially with the approach of warmer temperatures associated with the impending summer season;

WHEREAS, promoting hydration through water breaks align with the holistic approach to education, emphasizing the importance of fostering students' physical health and well-being alongside their academic development;

WHEREAS, implementing regular water breaks during class hours may help limit the consumption of soft drinks and unhealthy beverages among students, thereby promoting healthier dietary habits and contributing to overall well-being;

WHEREAS, integrating water breaks into the school day provides opportunities for teachers and advisers to educate students about the importance of hydration and encourage healthy lifestyle habits that can positively impact their long-term health outcomes;

WHEREAS, the full support and cooperation of teachers and advisers are crucial for the attainment of the aim of this resolution and ensure the health and well-being of Isabeleño students through the promotion of hydration during school hours;

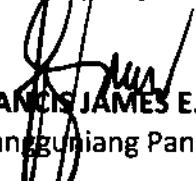
WHEREFORE, upon motion of the Honorable Mary Grace D. Arreola, duly approved and seconded in a session duly assembled, it was –

RESOLVED, AS IT HEREBY RESOLVES, TO PASS A RESOLUTION ENCOURAGING ALL KINDERGARTEN, ELEMENTARY, AND HIGH SCHOOL TEACHERS AND ADVISERS IN THE PROVINCE OF ISABELA TO IMPLEMENT A WATER BREAK DURING CLASS HOURS

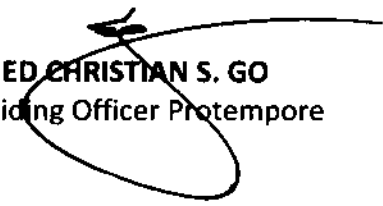
RESOLVED FINALLY, that a copy of this resolution be furnished to the Schools Division Superintendents Mme. Rachel R. Llana, Mme. Cherry S. Ramos, and Mr. Eduardo C. Escorpiso for their information and dissemination.

Approved and Adopted, March 12, 2024.

I HEREBY CERTIFY TO THE CORRECTNESS of the foregoing Resolution:


ATTY. FRANCIS JAMES E. MEER
Secretary, Sangguniang Panlalawigan

ATTESTED:


ED CHRISTIAN S. GO
Presiding Officer Protempore